## PDMU GRID - KEY STAGE 1

<table>
<thead>
<tr>
<th>CRIS Course Content</th>
<th>Direct PDMU Themes (Addressed throughout the course)</th>
<th>Indirect Themes (incorporated through pupil participation in the course)</th>
</tr>
</thead>
</table>
| Agreement/Class Rules                            | **Theme 6: Rules, Rights and Responsibility**  
  • begin to understand why and how rules are made in class, in the playground and at school  
  • understand that rules are essential in an ordered community                                                             | **Theme 1: Self Awareness**  
 **Theme 3: Learning to Learn**  
 **Theme 4A: Safety**  
 **Theme 5: Relationships**  
 **Theme 9: Learning to live as Members of the Community**                                                                   |
| Communication: Good Talking and Listening        | **Theme 1: Self Awareness & Learning to Learn:**  
  • Become aware of their own strengths, abilities, qualities, achievements, personal preferences and goals  
 **Theme 9: Learning to live as Members of the Community:**  
  • Be aware of how the school community interacts; how they listen and respond to each other and treat each other | **Theme 2: Feelings and Emotions**  
 **Theme 4A: Safety (in relationships)**  
 **Theme 5: Relationships**  
 **Theme 7: Managing Conflict**                                                                     |
| Uniqueness: Personal Qualities and Abilities     | **Theme 1: Self Awareness**  
  • Feel positive about themselves and develop an understanding of their self-esteem and confidence  
  • Become aware of their own strengths, abilities, qualities, achievements, personal preferences and goals  
 **Theme 3: Learning to Learn**  
  • Become aware of their own strengths, abilities, qualities, achievements, personal preferences and goals | **Theme 2: Feelings and emotions**  
 **Theme 5: Relationships**                                                                         |
### Diversity in the Local and Global Community: All Kinds of People/Homes/Beliefs

**Theme 8: Similarities and Differences**
- Be aware of the diversity of people around the world

**Theme 9: Learning to Live as Members of the Community**
- Be aware of what influences their views, feelings and behaviour

### Empathy: Using empathy as a tool in managing conflict

**Theme 7: Managing Conflict**
- Identify ways in which conflict may arise and explore ways in which it could be lessened, avoided or resolved

**Theme 8: Similarities and Differences**
- Discuss the causes of conflict in their community and how they feel about it

**Theme 9: Learning to Live as Members of the Community**
- Be aware of who and what influences their views, feelings and behaviour at home/school
- Understand how their environment could be made better or worse to live in and what contribution they can make

### Evaluation

**Theme 3: Learning to learn**
- Acknowledge that everyone makes mistakes: that attempts can fail and have disappointing outcomes but that this is a natural and helpful part of learning
- Recognise how they can develop and improve their learning

### Themes

- **Theme 1**: Self Awareness
- **Theme 2**: Feelings and emotions
- **Theme 3**: Learning to learn
- **Theme 4A**: Safety (in relationships)
- **Theme 5**: Relationships
- **Theme 6**: Rules, Rights and Responsibility
- **Theme 7**: Managing Conflict
- **Theme 8**: Similarities and Differences
- **Theme 9**: Learning to Live as Members of the Community